

# February 2026

Happy February!

As the month of love arrives, the Department of Senior Affairs celebrates the connections that make our community strong. We have an array of events planned at Department of Senior Affairs our senior and multigenerational centers, including our first-ever “Love Stories Contest” highlighting relationships of 50+ years (details are available at each center).

We’re grateful for your continued support and love for our Department! As we navigate tougher times ahead and head into budget season, we need your feedback to sustain critical services. Small, incremental operational changes may be necessary to maintain the support our older adults deserve but we always welcome your input. Almost every month throughout the year, (full schedule available on our website or at your center) the DSA Advisory Council holds a public, open meeting to discuss matters and provide time to hear directly from our constituents. This month’s Advisory Council meeting will occur on February 23 at Santa Barbara Martineztown Multigenerational

Center at 12:00 pm—we encourage you to join us!

Also every month, I’ll host a “Coffee with Constituents” session at every location to discuss and address matters with the public. I’d love for you to join me! This month’s “Coffee with Constituents” will be held at Highland Senior Center on Thursday, February 26th from 8:30-9:30am. Your voice matters and we look forward to hearing your thoughts at these sessions or through reaching out to your center manager.

Wishing you a February filled with love and connection!

Sincerely,

Anna Sanchez, Director  
Department of Senior Affairs

We’re pleased to announce that our Department of Senior Affairs Annual Survey will be launching in the coming weeks! Please keep an eye out and take a few minutes to share your valuable feedback. Additionally, our team will be conducting onsite visits to help you complete the survey online!

Thank you in advance for your participation!

5221 Palo Duro Ave NE

505-888-8102

Hours of Operation:

Mon,Tue,Thur,Fri 8am - 5pm

Wed 8am - 7pm

Sat 9am - 1pm



Anna Sanchez  
Director

Kent Vigil  
Division Manager

David Goode  
Center Manager

Vacant  
Program Coordinator

Juan Carlos Campa-Arias  
Office Assistant

Taylor Stanley  
&  
Vacant  
Program Assistant II

Vacant  
General Services

Elvira De La Rosa  
Cook

Gladys Hernandez  
Kitchen Aid

The Department of Senior Affairs is committed to providing resources with care and compassion that help our community thrive while embracing aging.

## Important Dates

Feb 2 - Trip Sign Ups

Feb 11 - Dinner Dance

Feb 11 - Flea Market

Feb 16 - Presidents Day  
Center Closed

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senior affairs



# PALO DURO HAPPENINGS

## TEENIORS

Call 505-888-8102

**Wednesday, February 11th**  
3:00pm - 5:00pm

Limited spots available



## AARP SMART DRIVER

**Friday, February 6th**

8:30am - 12:30pm

Call PDSC to sign up!

Next class on Mar 6th



## POWER OF ATTORNEY

**Wednesday, February 11th**

9:00am - 11:00am

Presented By:

Senior Citizens Law Office

Contact SCLO for app.

505-265-2300

## NEW: LEARNED HAPPINESS



Starting Wednesday,

**February 4th**

9:00am - 11:00am

Apply the Science of Happiness.

Weekly topic / recent happiness research / education / events followed by group discussion on personal application. Relaxation exercise to end each class.

By licensed PhD Psychologist

Gayle Zieman



## NEW: SQUARE DANCING

Starting Wednesday,

**February 25th**

3:00pm - 5:00pm



Sign up at front desk

## FLEA MARKET

**Wednesday, February 11th**

8:30am - 12:30pm

New year, more shopping! We invite you to our fabulous flea market. From fashionable clothes, to jewelry and beautiful homemade art! Interested in hosting a table? Reserve a table for \$2 on February 11th for March Flea Market, first come, first serve. Please bring your membership card.

## BIRTHDAY CELEBRATION



**Monday, February 2nd**

1:30pm

Happy Birthday to our February members!

Sponsor: Palo Duro Philatelic Society

## MOVIES



**Casablanca**

**Thursday, February 12th**

1:30-4:00

PG



**50 First Dates**

**Thursday, February 26th**

1:30-4:00



## FRIENDSHIP COFFEE



**Wednesdays**

9:15am - 10:15am

Feb 4 - All About Medicare

Feb 11 - Karen Cooper Agency

Feb 18 - Presbyterian

Feb 25 - Infinite Care



# DAILY SCHEDULE

## MONDAY

8:00-9:00 Breakfast  
8:00-4:30 Billiards  
8:00-4:30 Open Computer Lab  
8:00-4:30 Puzzles  
8:30-11:30 Lapidary I, Beginning  
9:00-11:00 Palo Duro Singers  
9:30-10:30 Strengthening Class  
9:30-12:30 Ceramics  
11:30-1:00 Lunch  
12:00-2:00 Philatelic Society (Stamp Club)  
12:30-4:30 Duplicate Bridge  
1:00-3:00 French  
2:45-4:30 Retired Professionals' Group  
2:30-4:00 Line Dancing, Beginner



## TUESDAY

8:00-9:00 Breakfast  
8:00-4:30 Billiards  
8:00-4:30 Open Computer Lab (Closed 3rd Tue. 9:30-12:30)  
8:00-4:30 Puzzles  
8:30-11:30 Lapidary II  
8:30-12:00 GEHM (1st Tue. & some 1st Wed.)  
9:00-11:00 Quilting  
9:00-11:00 Tuesday's Angels  
10:00-12:00 Investment Club (3rd Tuesday)  
10:00-12:00 Sewing & Alterations  
11:30-1:00 Lunch  
12:00-2:00 Leather Works  
12:00-4:45 Scrabble  
1:00-3:00 Creative Arts Group  
1:30-2:30 Mystery Book Club (2nd Tuesday)  
2:00-4:00 B.I.N.G.O. (\$3 Minimum to play)



## WEDNESDAY

8:00-9:00 Breakfast  
8:00-4:30 Billiards  
8:00-6:30 Open Computer Lab  
8:00-4:30 Puzzles  
8:30-3:30 Metal/Silver Smithing  
8:30-12:00 Flea Market (2nd Wednesday)  
9:00-12:00 Pottery Open Studio  
9:00-12:00 Power of Attorney or General Law (2nd Wed)  
9:15-10:15 Friendship Coffee  
10:00-12:00 Golden Eagles (4th Wednesday)  
11:30-1:00 Lunch  
12:00-3:00 Busy Bees-Crochet and Knitting  
12:00-3:00 Game Time: Mexican Train and other games  
12:15-3:30 Pottery Open Studio

## THURSDAY

8:00-9:00 Breakfast  
8:00-4:30 Billiards  
8:00-4:30 Open Computer Lab  
8:00-4:30 Puzzles  
8:30-11:30 Deaf Seniors Group  
8:30-11:30 Lapidary Studio  
9:00-11:30 German, Intermediate/Advanced  
9:00-12:30 Puzzles  
9:30-10:30 Strengthening Core  
9:30-12:30 Ceramics  
11:30-1:00 Lunch  
12:00-1:30 Rockhounds Meeting (1st & 3rd Thu)  
12:30-1:30 The Sharing Circle  
1:00-2:00 New Member Orientation (3rd Thur)  
1:30-2:30 Guitar, Beginning  
TBD Rockhounds Trip (2nd and 4th Thursday)



## FRIDAY

8:00-9:00 Breakfast  
8:00-4:30 Billiards  
8:00-4:30 Open Computer Lab  
8:00-4:30 Puzzles  
8:30-12:00 AARP Defensive Driving (1st Friday)  
9:00-12:00 Lapidary III  
9:00-12:00 Pottery Open Studio  
9:00-11:00 Interactive Bible Study  
9:30-10:30 Energy Yoga  
10:30-12:00 The Hightoners (Choir)  
11:30-1:00 Lunch  
12:15-3:30 Pottery Open Studio  
1:00-3:00 Cribbage  
1:30-4:30 Swedish Weaving-\$10 Material Fee



## SATURDAY

9:00-10:15 Line Dancing, Advanced Beginner  
9:15-11:15 Quilting  
9:00-12:30 Billiards  
9:00-12:30 Open Computer Lab  
9:00-12:30 Puzzles  
10:30-12:00 Line Dancing Improver/Intermediate  
10:00-12:00 Corvairs of New Mexico (1st Saturday)



Note: Days and times are subject to change.

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Beef Tips over Bowtie Pasta Gravy Zucchini & Squash Dinner Roll Margarine Pears 1% Milk	<b>3</b> Green Chile Chicken Enchiladas Spanish Rice Pinto Beans Yogurt 1% Milk	<b>4</b> Sliced Ham Pineapple Sauce Cauliflower Spinach Cornbread Banana 1% Milk	<b>5</b> Pasta Primavera Steamed Broccoli Dinner Roll Margarine Mandarin Oranges 1% Milk	<b>6</b> Pork Chop Mashed Potatoes Brussel Sprouts Jell-O 1% Milk
				
<b>9</b> Chicken Tamales Green Chile Black Beans Normandy Blend Dinner Roll Margarine Applesauce 1% Milk	<b>10</b> Mac & Cheese w/ Ham Steamed Broccoli Spinach Yogurt 1% Milk	<b>11</b> Lemon Baked Cod Tartar Sauce Brown Rice Brussel Sprouts Jell-O 1% Milk	<b>12</b> Red Chile Cheese Enchilada Spanish Rice Calabacitas Pears 1% Milk	<b>13</b> BBQ Baked Chicken Thigh Stewed Tomatoes Ranch Beans Normandy Blend Dinner Roll Valentine Cookie 1% Milk
				
<b>CLOSED</b> 	<b>16</b> Carne Adovada Calabacitas Pinto Beans Flour Tortilla Apple slices 1% Milk	<b>17</b> Baked Cod Salsa Brown Rice Spinach & Onions Jell-O 1% Milk	<b>18</b> Baked Ziti Brussel Sprouts Breadstick Banana 1% Milk	<b>19</b> Breaded Pollock Tartar Sauce Carrots Green Beans w/ Mushrooms Mandarin Oranges 1% Milk
				
<b>23</b> Salisbury Steak Mushrooms & Gravy Mashed Potatoes Carrots Brownie 1% Milk	<b>24</b> Green Chile Chicken Posole Steamed Cauliflower Red Peppers Applesauce Saltine Crackers 1% Milk	<b>25</b> Meatloaf w/ Tomato Sauce Garlic Potatoes Succotash Dinner Roll Margarine Banana 1% Milk	<b>26</b> Veggie Green Chile Cheeseburger Sweet Potato Mash Baked Beans Yogurt 1% Milk	<b>Black Bean Chile</b> Green Beans Brussel Sprouts Jell-O 1% Milk
				

Lunch:

Monday-Friday, 11:30am - 1:00pm

Reservations required the previous day before 1:00pm.

You may call in your reservation or reserve in person.

Please arrive for your lunch by 12:30pm.

A la Carte menu items subject to change.



# PALO DURO TRIPS

## FEBRUARY TRIPS

Sign ups are held Monday,  
Feb 2<sup>nd</sup> in lobby @ 9am

Please bring updated  
membership card &  
emergency contact  
info

Senior Day at the  
State Capitol

Friday, February 13th

Check In: 8:00am  
Depart: 8:15am  
Return: 2:00pm



Limited Spots Available

Bistro Buddies:  
Cracker Barrel

Friday, February 20th



Check In: 9:00am  
Depart: 9:15am  
Return: 11:00am



Fiery Foods &  
BBQ Show

Saturday, February 28th

Check In: 9:15am  
Depart: 9:30am  
Return: 12:45pm



Tickets: \$15 when purchased  
in advance online  
\$20 on day of show

Please bring updated  
membership card &  
emergency contact info

Sign ups are held March  
2<sup>nd</sup> in lobby at 9am

## MARCH TRIPS

Rio Grande Arts &  
Crafts Spring Fest

Friday, March 13th

Check In: 9:15am  
Depart: 9:30am  
Return: 1:30pm



For all our holiday and seasonal  
events, please visit  
[www.cabq.gov/seniors](http://www.cabq.gov/seniors) and click  
on the 'Senior Affairs Events' tab  
on the left side of the page.

Treasure of Earth Gem,  
Mineral & Jewelry Expo

Friday, March 20th



Check In: 9:00am  
Depart: 9:15am  
Return: 1:30pm

**\$2 CASH ONLY admission**

Bistro Buddies:  
Rex's Hamburgers

Monday, March 23rd



Check In: 11:00am  
Depart: 11:15am  
Return: 1:30pm

Santuario de Chimayo

Tuesday, March 24th



Check In: 9:00am  
Depart: 9:15am  
Return: 1:30pm

# UPCOMING EVENTS

## OUR DEPARTMENT OF SENIOR AFFAIRS SEEKS YOUR

### *Love Story*



Love stories have the power to inspire, whether they span decades or blossom in later years. We are seeking to celebrate such stories from members of our senior centers, and we invite you to share your own unique journey of love. Whether you've shared a lifetime with your partner or discovered love anew in your golden years, your experiences can touch hearts and offer hope to others.

To participate, please compose a story of 250 words detailing your romantic journey. Feel free to include moments of joy, challenges overcome, or lessons learned along the way.

**Alongside your written story**, we ask that you provide a copy of a photograph that captures the essence of your relationship as well as your contact information (Name, Phone Number and Email)

Anonymous submissions will be accepted; however, **there is no guarantee they will be featured.**

Drop entries off at any Senior or Multigenerational Center. Stories will be collected until February 14, 2026



## MARDI GRAS

**Tuesday, February 17th**



**Join us in the Lobby to  
enjoy some King Cake!**

